

Yellow Springs Middle/High School Lunch Menu



Food Service Director: Michelle Martin
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The Grille

- Breaded Chicken Sandwich
- Cheeseburger on a Bun
- Spicy Chicken Sandwich
- Vegetarian Burger on a Bun

The Garden

- Chicken Caesar Salad
- Garden Salad with Cheese
- Chef Salad
- Breaded Chicken Salad

The Pizzeria

- CHOICES CHANGE DAILY:**
- Hot Buffalo Chicken Pizza
 - Mexican Pizza
 - Pepperoni Pizza
 - Mozzarella Cheese Pizza
 - California Chicken Bacon Ranch Pizza
 - Broccoli & Cheese Pizza

Grab & Go

A wide variety of sandwiches, wraps, specialty salads and yogurt parfaits are available daily!

Options

Monday	Tuesday	Wednesday	Thursday	Friday
			<p>Fresh Produce from Local Farms based on crop availability</p>	
<h1>Welcome Back</h1>				
			22 Choice of Chiliburger or Chili Dog on a WG Bun Baked Beans Diced Peaches Fat Free Milk	23 General Tso Chicken Seasoned Rice Steamed Broccoli Apple Sauce Fat Free Milk
26 Breaded Tenders Nuggets WG Dinner Roll Mashed Potatoes with Gravy Chilled Pears Fat Free Milk	27 Spaghetti with Meatballs WG Breadstick Fresh Caesar Salad Chilled Applesauce Fat Free Milk 	28 BBQ Pulled Pork Sliders Buttered Corn Kernels Diced Peaches Fat Free Milk	29 Baked Macaroni & Cheese WG Dinner Roll Steamed Green Beans Chilled Mixed Fruit Fat Free Milk	30 YS Deli Bar (Selection of assorted deli items on a fresh roll) Oven Baked Tator Tots Mandarin Oranges Fat Free Milk

The Deli

- Spicy Italian Hoagie
- Buffalo Chicken
- Oven Roasted Turkey and Cheese
- Ham & Cheese
- Tuna Salad

Accompaniments

*Must take at least one 1/2 cup of fruit or vegetable

*Vegetable Bar includes:

- Broccoli Florets
- Baby Carrots
- Dark Leafy Greens
- Legume Salads
- Celery & Cucumber

*Fruits include:

- Crisp Apple
- Sliced Peaches
- Mixed Fruit
- Fresh Orange
- Banana
- Pineapple Tidbits
- Diced Pears
- Applesauce

Milk

Milk Choices Offered Daily:
 1% white, non-fat white, non-fat flavored

Proud to manage your food service program

Lunch Prices: Paid \$3.00 Reduced \$4.40

The School District does not discriminate on the basis of age, race, color, national or ethnic origin, sex or handicap in employment practices or in administration of any of its education programs and activities in accordance with applicable federal statutes and regulations. EOE

MENUS SUBJECT TO CHANGE