

Yellow Springs Schools Breakfast Menu - September 2019

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Labor Day No School	3 Sausage and Cheese Muffin or Assorted WG Cereal Assorted 100% Fruit Juice or Fruit Low Fat Milk	4 2 Hour Late Start No Hot Breakfast	5 Warm Waffles with Syrup or Assorted WG Cereal Assorted 100% Fruit Juice or Fruit Low Fat Milk	6 Breakfast Pizza or Assorted WG Cereal Assorted 100% Fruit Juice or Fruit Low Fat Milk
9 French Toast & Sausage or Assorted WG Cereal Assorted 100% Fruit Juice or Fruit Low Fat Milk	10 Pancake on a stick or Assorted WG Cereal Assorted 100% Fruit Juice or Fruit Low Fat Milk	11 Egg and Cheese on Bagel or Assorted WG Cereal Assorted 100% Fruit Juice or Fruit Low Fat Milk	12 Sausage Gravy Biscuit or Assorted WG Cereal Assorted 100% Fruit Juice or Fruit Low Fat Milk	13 Yogurt Parfait or Assorted WG Cereal Assorted 100% Fruit Juice or Fruit Low Fat Milk
16 Cheddar Cheese Omelet or Assorted WG Cereal Assorted 100% Fruit Juice or Fruit Low Fat Milk	17 Sausage and Cheese Muffin or Assorted WG Cereal Assorted 100% Fruit Juice or Fruit Low Fat Milk	18 2 Hour Late Start No Hot Breakfast	19 Warm Waffles with Syrup or Assorted WG Cereal Assorted 100% Fruit Juice or Fruit Low Fat Milk	20 Breakfast Pizza or Assorted WG Cereal Assorted 100% Fruit Juice or Fruit Low Fat Milk
23 French Toast & Sausage or Assorted WG Cereal Assorted 100% Fruit Juice or Fruit Low Fat Milk	24 Pancake on a stick or Assorted WG Cereal Assorted 100% Fruit Juice or Fruit Low Fat Milk	25 Egg and Cheese on Bagel or Assorted WG Cereal Assorted 100% Fruit Juice or Fruit Low Fat Milk	26 Sausage Gravy Biscuit or Assorted WG Cereal Assorted 100% Fruit Juice or Fruit Low Fat Milk	27 Yogurt Parfait or Assorted WG Cereal Assorted 100% Fruit Juice or Fruit Low Fat Milk
30 Cheddar Cheese Omelet or Assorted WG Cereal Assorted 100% Fruit Juice or Fruit Low Fat Milk				

What Makes a Breakfast Meal?

You must choose at least 3 of 4 components available for the school breakfast price.

Entrée, 1 Cup Fruit, and 1/2 Pint Milk

Middle & High School Alternate Options May Include:

Banana or Blueberry Muffins
 Chocolate Chip Oatmeal Breakfast Bar
 Warm Grab & Go Breakfast Sandwiches
 Fortified Breakfast Pastries
 Warm Bagels
 Yogurt & Toast

Variety of Fresh Fruit, 100% Fruit Juice and Canned Fruits available daily.



Milk Choices Offered Daily

Fat Free Chocolate,
 Fat Free White and Low Fat White

Proud to manage your
 food service program



Meal Prices:
 Paid \$1.25
 Reduced \$3.30

The School District does not discriminate on the basis of age, race, color, national or ethnic origin, sex or handicap in employment practices or in administration of any of its education programs and activities in accordance with applicable federal statutes and regulations. EOE