

Yellow Springs Exempted Schools Breakfast Menu

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Sausage and Cheese Muffin or Assorted WG Cereal Assorted 100% Fruit Juice or Fruit Low Fat Milk	2 2 Hour Late Start No Hot Breakfast	3 Warm Waffles with Syrup or Assorted WG Cereal Assorted 100% Fruit Juice or Fruit Low Fat Milk	4 Breakfast Pizza or Assorted WG Cereal Assorted 100% Fruit Juice or Fruit Low Fat Milk
	7 French Toast & Sausage or Assorted WG Cereal Assorted 100% Fruit Juice or Fruit Low Fat Milk	8 Pancake on a stick or Assorted WG Cereal Assorted 100% Fruit Juice or Fruit Low Fat Milk	9 Egg and Cheese on English Muffin or Assorted WG Cereal Assorted 100% Fruit Juice or Fruit Low Fat Milk	10 Sausage Gravy Biscuit or Assorted WG Cereal Assorted 100% Fruit Juice or Fruit Low Fat Milk
14 Cheddar Cheese Omelet or Assorted WG Cereal Assorted 100% Fruit Juice or Fruit Low Fat Milk	15 Sausage and Cheese Muffin or Assorted WG Cereal Assorted 100% Fruit Juice or Fruit Low Fat Milk	16 2 Hour Late Start No Hot Breakfast	17 Warm Waffles with Syrup or Assorted WG Cereal Assorted 100% Fruit Juice or Fruit Low Fat Milk	18 Breakfast Pizza or Assorted WG Cereal Assorted 100% Fruit Juice or Fruit Low Fat Milk
21 French Toast & Sausage or Assorted WG Cereal Assorted 100% Fruit Juice or Fruit Low Fat Milk	22 Pancake on a stick or Assorted WG Cereal Assorted 100% Fruit Juice or Fruit Low Fat Milk	23 Egg and Cheese on English Muffin or Assorted WG Cereal Assorted 100% Fruit Juice or Fruit Low Fat Milk	24 Sausage Gravy Biscuit or Assorted WG Cereal Assorted 100% Fruit Juice or Fruit Low Fat Milk	25 Yogurt Parfait or Assorted WG Cereal Assorted 100% Fruit Juice or Fruit Low Fat Milk
28 Cheddar Cheese Omelet or Assorted WG Cereal Assorted 100% Fruit Juice or Fruit Low Fat Milk	29 Sausage and Cheese Muffin or Assorted WG Cereal Assorted 100% Fruit Juice or Fruit Low Fat Milk	30 Egg and Cheese on Bagel or Assorted WG Cereal Assorted 100% Fruit Juice or Fruit Low Fat Milk	31 Warm Waffles with Syrup or Assorted WG Cereal Assorted 100% Fruit Juice or Fruit Low Fat Milk	

What Makes a Breakfast Meal?

You must choose at least 3 of 4 components available for the school breakfast price.

Entrée, 1 Cup Fruit, and 1/2 Pint Milk

Middle & High School Alternate Options May Include:

- Banana or Blueberry Muffins
- Chocolate Chip Oatmeal Breakfast Bar
- Warm Grab & Go Breakfast Sandwiches
- Fortified Breakfast Pastries
- Warm Bagels
- Yogurt & Toast

Variety of Fresh Fruit, 100% Fruit Juice and Canned Fruits available daily.



Milk Choices Offered Daily

- Fat Free Chocolate,
- Fat Free White and Low Fat White

Proud to manage your food service program



Meal Prices:
 Paid \$1.25
 Reduced \$.30

The School District does not discriminate on the basis of age, race, color, national or ethnic origin, sex or handicap in employment practices or in administration of any of its education programs and activities in accordance with applicable federal statutes and regulations. EOE