

Mills Lawn Elementary AUGUST Lunch Menu

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What Makes a Meal?

You must choose at least 3 of 5 components available for the school lunch price.

Choice of Meat or Meat Alternate
Choice of Vegetable, Choice of Fruit*
Choice of Grain/Bread,
and Choice of Milk

*Students must choose at least one fruit or vegetable



Fresh Fruits and Vegetables Offered Daily

*Vegetables include:

Broccoli Florets
Baby Carrots
Dark Leafy Greens
Legume Salads
Celery & Cucumber

*May choose two 1/2 cup servings

*Fruits include:

Crisp Apple
Sliced Peaches
Mixed Fruit
Fresh Orange
Banana
Pineapple Tidbits
Diced Pears
Applesauce

*May choose 1/2 cup serving

MENUS SUBJECT TO CHANGE



Milk Choices Offered Daily

Fat Free Chocolate,
Fat Free White and Low Fat White

Lunch Prices:
Paid \$2.75
Reduced \$.40

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		Fresh Produce from Local Farms based on crop availability Whole Grains Available Daily		The School District does not discriminate on the basis of age, race, color, national or ethnic origin, sex or handicap in employment practices or in administration of any of its education programs and activities in accordance with applicable federal statutes and regulations. EOE
<h1>Welcome Back</h1>				
			22 Choice of Cheeseburger or Hot Dog on a WG Bun Baked Beans Diced Peaches Fat Free Milk	23 General Tso Chicken Seasoned Rice Steamed Broccoli Apple Sauce Fat Free Milk
26 Breaded Chicken Nuggets WG Dinner Roll Mashed Potatoes with Gravy Chilled Pears Fat Free Milk	27 Spaghetti with Meatballs WG Breadstick Fresh Vegetable Cup with Ranch Dipping sauce Chilled Applesauce Fat Free Milk	28 BBQ Pulled Pork Sliders Buttered Corn Kernels Diced Peaches Fat Free Milk	29 Baked Macaroni & Cheese WG Dinner Roll Steamed Green Beans Chilled Mixed Fruit Fat Free Milk	30 Fresh Baked Pizza Garden Salad w/ dressing Mandarin Oranges Fat Free Milk
AVAILABLE DAILY:	Grab and Go Box Salads: Choice of Chef, Garden & Caesar	Deli Sandwiches: Turkey or Ham and Cheese	Cheese Sandwiches Uncrustables	