

# **Yellow Springs High School and McKinney Middle School**



## **Athletic / Extra-Curricular Handbook for Parents/Guardians, Students, Coaches, and Advisors**

**July 2020**

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## **Message to Parents/Guardians and Student Athletes**

Yellow Springs Schools believe that a comprehensive program of student activities is vital to the educational development of our students. Participating in a program is a privilege. As a student-athlete, you are held to higher standards in the classroom, on the field, and in the community. You are representing many people, including past athletes, your family, the community, the school, your coaches, and fellow athletes. Your involvement in athletics can be very rewarding. As an athlete, you have to carry yourself with tremendous pride. You must wear the uniform proudly. Your actions constantly reflect on others. You must realize that you are a role model for the younger members of the community. As an athlete, you have an opportunity to set a good example for those who follow you. As students elect to participate, there are many questions that both you and your student may have regarding the athletic program. The purpose of this handbook is to answer as many questions about the policies of the program as possible (i.e. keep students and parents/guardians as informed as possible in order to assist in making the athletic experience a positive one for our student athletes). We are hopeful that this handbook will be of assistance to you as your student participates in the athletic program.

Sincerely,

Jeff Eyrich, Director of Athletics and Student Leadership

Jack Hatert, Principal

## **Statement of Yellow Springs Athletic Philosophy**

The athletic philosophy of the Yellow Springs Exempted Village School District is to promote maximum mental, social, emotional, and physical growth in all students who participate in the program. The program's goal is to provide experiences to assist all students to realize their full potential in life, to recognize their duties as citizens of the school and community, and to understand and respect the rights of others. We believe the opportunity for students to participate in a structured, wholesome, amateur athletic program is an integral part of the district's educational offerings. Involvement in athletics should help each individual to develop a positive self-image, and it should provide the opportunity for the student to experience success, personal growth, and accomplishment. While the Board of Education takes great pride in winning, it does not condone "winning at any cost" and discourages any and all pressures that might tend to neglect good sportsmanship and good mental health. At all times, the athletic program must be conducted in such a way so as to justify it as an educational activity.

# **McKinney & Yellow Springs High School Participation Philosophy**

## 7th & 8th Grade:

- The emphasis is on participation as well as sportsmanship, developing a positive and competitive spirit, self-pride and team pride. No student should be cut from a team nor should a coach encourage a student to quit a team due to a lack of ability.
- Every player shall play in every game if they have attended practices faithfully and met other criteria for participation.
- Heavy emphasis is placed on teaching fundamentals to all players.

## Junior Varsity:

- At this level, playing time is given to players with apparent potential for future varsity contributions; however, playing time should be given to as many players as possible in order to give all players a chance to emerge.
- Emphasis on fundamentals and techniques are stressed.
- Coaches will not encourage a student to quit a team due to a lack of ability.
- All players shall suit up for every contest unless approved by the athletic administrator.
- No senior may participate on the Junior Varsity team unless approved by the athletic administrator.

## Varsity:

- We are striving to build strong, competitive athletic teams in which the players, parents/guardians and community can be proud. Participation is not guaranteed to all players in every game; however, coaches are encouraged to substitute when it is apparent the game is either won or lost.
- No student shall be encouraged to quit a team by the coach due to a lack of ability; however, each player must earn the right to suit up for varsity contest.

## **Parent/Guardian Expectations**

1. Parents/guardians will communicate openly and freely with coaches and administrators.
  - a. Parents/guardians will communicate with respect
  - b. Parents/guardians will be honest
  - c. Parents/guardians will communicate issues and concerns in a timely manner, including those of student's physical and emotional well-being
  - d. Parents/guardians will honor a 24-hour waiting period after all contests before approaching a coach with concerns
  - e. Parents/guardians will follow an appropriate chain of command:
    - i. Parent/guardians – Head Coach of the level of play (7th, 8th, Junior Varsity, Varsity)
    - ii. Parent/guardians – Director of Athletics and Student Leadership
    - iii. Parent/guardians – Principal
    - iv. Parent/guardians – Superintendent
  - f. Parents/guardians are required to attend meetings and read all information disseminated by coaches and the athletic department, including the required seasonal OHSAA meeting
2. Parents/guardians will display good sportsmanship and behavior by doing the following:
  - a. Understanding the game is for the students, not the adults
  - b. Recognizing that student participation is a privilege
  - c. Displaying good sportsmanship as a spectator, and conducting yourself in a manner that reflects positively on both the team and school
  - d. Promoting the team by being supportive and positive when helping the program
  - e. Respecting the officials, opponents, coaches, and players
  - f. Refraining from coaching from the stands
  - g. Understanding that the student has an obligation to attend all practices and games
3. Parents/guardians will create a positive and supportive environment to promote their student athlete's well-being by:
  - a. Supporting good conditioning and a healthy lifestyle
  - b. Placing the emotional and physical well-being of your student ahead of any personal desire to win
  - c. Expecting your student to play in a healthy and safe environment
  - d. Supporting your student to be successful in the classroom given the demands of training and practices
  - e. Being a role model for other parents by remaining positive at sporting events
  - f. Getting involved and staying involved in a positive manner as you support your student is critical to the success of the team (i.e., concessions, game support, fundraisers, banquets)

4. Failure to follow the standards and expectations of Yellow Springs Exempted Village School District and the Athletic Department may cause you to forfeit your right to support your student and the team.

## **Parent/Guardian Consequences for Improper Conduct**

### **First Offense**

Any fan ejected or disqualified from an interscholastic contest for improper conduct shall be suspended from all contests for the remainder of that day. In addition, the fan shall be suspended from attending contests at all levels in that sport until two regular season/tournament contests are played at the same level as the ejection. In addition, the fan shall take the National Federation of State High School Association's "Sportsmanship" course, which must be completed before returning to athletic contests and can be taken at [www.nfhslearn.com](http://www.nfhslearn.com). A letter will be sent by the Athletic Director to the spectator in question notifying them of the ejection and the dates of their suspension.

If the ejection or disqualification occurs in the last contest of the season, the fan shall be ineligible for the same period of time as stated above in the same sport during the following season in the next school year.

On the day of the ejection, a fan that has been disqualified shall be ejected from the vicinity of the playing area and is prohibited from further contact, direct or indirect, with team members, managers, coaches, and contest officials during the remainder of the contest. No refund will be given.

### **Second Offense**

A fan who is ejected or disqualified a second time shall be suspended for the remainder of the season in that sport. A fan who has been ejected or disqualified for improper conduct for the second time in the season during the last contest shall be ineligible for a period of time/number of contests subject to the discretion of the Athletic Director. In addition, the fan shall take the National Federation of State High School Association's "Positive Sport Parenting" course, which must be completed before returning to an athletic contest and can be taken at [www.nfhslearn.com](http://www.nfhslearn.com). A letter will be sent by the Athletic Director to the spectator in question notifying them of the ejection and the dates of their suspension.

### **Third Offense**

A fan who is ejected or disqualified a third time shall be suspended from all athletic contests for one calendar year from the date of the ejection. A letter will be sent by the Athletic Director notifying the spectator of the ejection.

## **Requirements for Participation**

In order to participate in interscholastic athletics, Yellow Springs student-athletes must:

1. Meet with the Athletic Director and/or designee prior to the first day of participation to cover rules and regulations found in the Athletic Handbook.
2. Have a signed Athletic Responsibility Acknowledgement Form/Student Data Sheet (can be found on the District's website) verifying that both have fulfilled the OHSAA rules meeting requirement.
3. A current physical must be on file in the athletic office prior to participation.
4. Emergency Medical Form needs to be completed prior to participation.
5. Academic eligibility requirements must be satisfied.
6. All uniform fees (from previous seasons) need to be paid.

## **Athletic Department Policies**

### **Parent/Guardian Acknowledgement of Athletic Policies:**

At the beginning of each school year, the Athletic Handbook and all necessary forms and Information for participating athletes can be found on the District website: [www.ysschools.org](http://www.ysschools.org)

### **Physical Examination**

OHSAA physical examination forms for all participants shall be signed by a physician, the participant, and by a parent or legal guardian, and must be on file in the athletic administrator's office before any candidate for a team may participate in any way. These forms necessitate the physician's certification of the individual's physical fitness and are valid for one calendar year (those physicals done in May are good for 13 months.) Students are encouraged to get their physicals during the summer months.

### **Scholastic Eligibility Requirements**

To be eligible to participate in interscholastic athletics, grades 7-12, all students will be required to meet certain standards established by the Ohio High School Athletic Association and the Yellow Springs Exempted Village School District Board of Education.

These standards are as follows:

#### **Maintain a 1.5 GPA per grading period (YSEVSD Board Policy 2431):**

A. Eligibility for each grading period is determined by the grades received the preceding grading period. An athlete will be eligible or ineligible for the next grading period beginning with the fifth school day after the end of each grading period. Eligibility or ineligibility would remain until the fifth school day after the end of the next grading period.

#### **Ohio High School Athletic Association (OHSAA) Bylaws**

##### **A. High School**

During the preceding grading period, the student must have received passing grades in a minimum of five (5) one-credit courses, or the equivalent, which count toward graduation.

##### **B. Middle School**

A student enrolling in the seventh grade for the first time will be eligible for the first grading period regardless of the previous academic achievement. Thereafter, in order to be eligible, a student in grade 7 or 8 must be currently enrolled in school the immediately preceding grading period and received passing grades during that grading period in a minimum of five (5) of those subjects in which the student received grades.

##### **C. High School and Middle School**

The eligibility or ineligibility of a student continues until the start of the fifth school day of the next grading period, at which time the grades from the immediately preceding grading period become effective.

#### D. High School

A student enrolled in the first grading period after advancement from eighth grade must have passed a minimum of five (5) courses the preceding grading period (the last grading period of 8th grade) in which the student was enrolled.

#### E. High School and Middle School

Summer school grades and other educational options may not be used to substitute for failure to meet the academic standards during the last grading period of the school year.

### **NCAA Eligibility Center**

Any high school credit class taken prior to the ninth grade will not count toward eligibility for a student athlete's participation in Division I and Division II college athletics. Please see your guidance counselor or the NCAA Eligibility Center website for more information. ([www.eligibilitycenter.org](http://www.eligibilitycenter.org))

### **Code of Conduct – 12 Month Rule**

All athletes shall abide by a code of conduct which will earn them the honor and respect that participation and competition in the interscholastic program affords. Any conduct that results in dishonor to the athlete, the team, or the school will not be tolerated. Acts of unacceptable conduct, such as, but not limited to, theft, vandalism, hazing, disrespect, immorality, conduct detrimental to the team, or violations of the law tarnish the reputation of everyone associated with the athletic program and will not be tolerated. This code shall be in effect for 12 months a year, 24 hours a day, for those who made the team. If you make the team and quit, the code still applies. If an athlete is cut, the code does not apply. The code of conduct applies for one calendar year after the conclusion of the last sports season in which the athlete participated.

*Penalty:* The penalty shall range from a minimum of 10% prohibition of participation for the season or succeeding season to a maximum of permanent prohibition of participation.

### **Bullying and Hazing (Harassment, Intimidation, and Dating Violence)**

Bullying is an intentional written, verbal, electronic or physical act that a student has exhibited more than once toward a student or students. The behavior causes mental or physical harm to the other student and is sufficiently severe, persistent or pervasive that it creates an intimidating, threatening or abusive educational environment for the other student(s).

Hazing is defined as any act of coercing another, including the victim, to do any act of initiation to any student or other organization that causes or creates a substantial risk of causing mental or physical harm to any person. Permission, consent or assumption of risk by an individual subjected to hazing does not lessen the prohibition contained in this policy.

All students must follow the Student Code of Conduct and Board Policy (5516 & 5517) regarding Bullying and Hazing.

### **Training Rules and Regulations - 12 Month Rule**

Any student using or possessing alcohol or tobacco, or using, possessing, buying or selling counterfeit drugs, look-alike drugs, including E-Cigarettes, illegal drugs or any substance represented to be an illegal drug, shall be prohibited from participating in interscholastic athletics.

This rule shall be in effect 12 months a year, 24 hours a day for those who made the team. If you make the team and quit, the rule still applies. If an athlete is cut, the rule does not apply. The training rules apply for one calendar year after the conclusion of the last sport season in which the athlete participated.

“Illegal drugs” or “drugs”- any substance as defined by the United States Code which any individual may not sell, offer to sell, exchange, give, possess, use, distribute or purchase under state or federal law. This definition also includes all prescription drugs obtained without authorization, and all prescribed and over-the-counter drugs being used in any way other than for medical purposes, in accordance with the directions for use provided in the prescription or by the manufacturer. This definition includes nicotine and E-Cigarettes.

#### *Penalties:*

1. Self-Referral
  - a. These apply to drug and alcohol use violations only and carry no penalty.
  - b. Further violations will carry a penalty as a student’s first offense.
  - c. The student/athlete must complete an intervention or prescribed treatment program and provide the Athletic Director with verification that the program has been completed.
  - d. Self-referral may be used only once in a student’s career.
  - e. If self-referral is after the violation has been reported, then this will not be considered self-referral and the first violation penalties will be imposed.
  
2. First Violation – Use or Possession
  - a. The penalty for a first violation will be prohibition from athletic participation (contests) for a minimum of 50% of the scheduled contests of that sport. Any remaining percentage of the prohibition of participation not served shall be applied toward the next sport in which the athlete participates. Any student disciplined for the first violation may practice with their team. They may travel with the team and sit on the bench. They cannot be in uniform. All training rules and requirements of the sport team must be followed by the athlete during the period of prohibited participation.
  - b. The Athletic Director, upon request of the athlete, may reduce the prohibition to a minimum of 20% of the athlete’s current and/or next occurring season’s athletic contests for drug, alcohol, and nicotine including ECigarettes. This reduction is possible provided:

- i. The athlete agrees to complete a program of counseling as established by the Athletic Director. (An unexcused absence from a session will immediately reactivate the original prohibition of participation.)
- ii. The athlete agrees to revoke any leadership positions, such as, but not limited to, team captain, and will not hold any leadership positions on athletic teams for one full calendar year.
- iii. The athlete must attend practice. They must travel with the team. They must sit on the bench with the team. They cannot be in uniform.

### 3. Second Violation – Use or Possession

- a. Upon confirmation of the second violation, athletic participation (practice and contests) will be prohibited for one full calendar year.
- b. The Athletic Director, upon request of the athlete, may reduce the prohibition to a minimum of 50% of the athlete's current and/or next occurring season's athletic contests for drug, alcohol, and nicotine violations including E-Cigarettes, provided:
  - i. For tobacco and E-Cigarette violations: The athlete participates in a professional counseling clinic, workshop, or seminar as approved by the Athletic Director. The professional counseling will be at the expense of the athlete and must be completed prior to resuming athletic competition.
  - ii. For alcohol/drug violations: The athlete is assessed by a certified professional agency and follows the assessment recommendations at their expense. Assessment must include evaluation reports sent to the Athletic Director. Assessment must be completed prior to resuming athletic competition.
- c. The athlete agrees to revoke any leadership position, such as, but not limited to, team captain and will not hold any leadership positions on athletic teams for one full calendar year.
- d. The athlete must attend practice. They must travel with the team. They must sit on the bench with the team. They cannot be in uniform.

### 4. Third Violation – Use or Possession

- a. The student athlete found in violation of the training rules a third time shall be prohibited from athletic participation for the remainder of their athletic career.
- b. After one calendar year from determination of their guilt, an appeal can be made to the Principal for reinstatement contingent upon substantiated rehabilitation.

### 5. Penalty Definitions for Code of Conduct and Training Rules

- a. To calculate the percentage of penalty for prohibition, the number of regular season contests scheduled will be used for each respective sport.
- b. When a penalty results in a prohibition of a partial contest, the fraction will be rounded to the nearest whole contest. Example: 3.49 contests will be 3 contests 3.50 contests will be 4 contests

- c. A prohibited athlete who has a carry-over penalty into a succeeding sport must complete the season in good standing in order for the prohibition to be credited to that sport.
- d. Any sophomore, junior or senior athlete who is serving a prohibition from participation will not be permitted to serve their prohibition by going out for a sport for the first time.
- e. Eighth grade violations with penalty time remaining will carry over into the 9th grade year.

## **Prohibitions**

The Assistant Principal and Principal are authorized to prohibit a student from any or all athletics and extracurricular activities for a violation of the athletic code of conduct, the student code of conduct, athletic training rules, OHSAA requirements or any other rules or regulations of the school district, school, coach or advisor that are applied to students, student-athletes or students participating in athletics or extracurricular activities.

Prior to any prohibition in athletics, the athlete will be given the opportunity to informally meet with the coach, Athletic Director, and Principal to challenge the reasons for the prohibition or to otherwise explain their actions. Any prohibition will be determined by the Principal. The provision of the informal meeting, or any other due process, is not applicable in the case of normal disciplinary procedures in which a student is removed from the athletic activity for less than one day of athletic activity.

An athlete may appeal a prohibition from athletics to the activities appeal board. The board shall be made up of the Principal and three (3) teachers. The appeal shall require the following:

- The written appeal must be presented to the Principal within three (3) school days following the date on the notice of prohibition from athletics.
- The Principal shall mail or otherwise provide a decision, in writing, to the student regarding the appeal.
- The decision of the appeal board shall be final and not subject to any further appeal.
- During the time any appeal is pending, all penalties in this policy shall be enforced.

## **Attendance Policy**

A. Students who are absent from school for one or more periods may not participate in practice or contests.

B. Students absent from school on Friday with a contest the following day (Saturday) will be eligible to participate provided the absence was excused.

## **Individual Sport Rule**

Coaches will establish additional rules and regulations for their respective sports. Penalties will be designated/handled by the respective coaches (with the exception of Prohibitions previously addressed).

## **Dual Sports Seasons**

A student may participate in two sports at the high school level (i.e., cross country and soccer) during the same season if both coaches (i.e., cross country and soccer) agree, and the administration approves, based on whether or not dual participation will result in conflict in the requirements of the two sports. Middle School level students are not permitted to participate in two sports during the same season.

## **Financial Obligations and Equipment**

A. Uniforms – In several sports, the athlete will be required to purchase their game uniform, or a portion of their game uniform, which will become their property. Those uniforms that belong to the school should not be worn at any time other than the athletic contest unless directed by the coach.

B. Equipment – All athletes are responsible for the proper care and security of equipment issued to them. School furnished equipment/uniforms are to be worn for contests and practice only. All equipment/uniforms not returned in good condition at the end of the season will be subject to a financial penalty.

C. Only uniforms issued and/or approved by the athletic department will be permitted to be worn for contests.

## **Vacation Policy**

Vacations during an athlete's season are discouraged. However, if a vacation is unavoidable:

- Contact the head coach prior to the vacation.
- An athlete must practice one day for each practice or contest day missed prior to resuming competition (contest day will count as a practice day).
- Be willing to assume the consequences related to your status as a starter, 2nd string, 3rd string, etc.

## **Travel**

- Transportation will be provided in accordance with Board policy.
- Athletes will remain with their squad and under the supervision of the coach when attending away contests.
- Athletes who miss the bus will not be allowed to participate in the contest. If there are extenuating circumstances involved that caused the athlete to miss the bus, the coach may allow the athlete to play only if the athlete's parent/guardian transports them to the contest. The final decision is up to the coach.
- All regular school bus rules will be in effect, including rules pertaining to food, noise, remaining in seats, care and respect for equipment.

## **Travel Releases**

Athletes who participate in sports receiving round trip transportation: Under certain circumstances where it creates an inconvenience to the families, athletes may be excused from riding either to or from an athletic event in school-authorized transportation as determined by board policy for various activities. This privilege is to be kept to a minimum since our philosophy continues to be that an athlete is part of a team in all phases of team activity.

To ride on private transportation:

- A travel release form must be requested by the athlete and parent.
- Parents must make arrangements with the Athletic Director in advance of the trip by having the approved travel release form on file in the Athletic Director's office on the day of the trip.
- The athlete will be released to the parent(s) or designated adult by the coach upon presentation of a copy of the approved travel release form at the contest.
- Athletes will not be allowed to ride home with a student.
- In an emergency situation, the head coach may release a student athlete from school transportation requirements, provided the student athlete is released to the parent(s) or designated adult for travel purposes.

### **Conflicts in School-Sponsored Extracurricular Activities**

An individual who attempts to participate in too many extracurricular activities will, undoubtedly, be in a position to have a conflict of obligations. Students need to be cautious about participating in too many activities where conflicts might occur. When conflicts do arise, the coach and sponsor of the activity will get together and try to work out a solution so that the student does not feel caught in the middle. If a conflict cannot be resolved, the Principal will make the decision based on the following:

- The relative importance of each event;
- The relative contribution the student can make;
- How long each event has been scheduled;
- A talk with the parents.

Once the decision has been made and the student follows that decision, they will not be penalized in any way by the coach or faculty sponsor. If it becomes obvious that a student cannot fulfill the obligations of both school activities, they should withdraw from one.

### **Open Gyms, Fields, Courts, etc.**

All open gyms/fields/courts, etc. must follow the guidelines of the OHSAA.

Multi-sport athletes must complete their current season before any participation is permitted in another school sport.

### **Participation on Independent Teams**

Per OHSAA guidelines, participation by an athlete in a non-interscholastic program (tryouts, practice, contest) while they are a member of the school squad in the same sport during the same season is prohibited. Penalty for violations is ineligibility for the remainder of that season. For cheerleading purposes, this is defined as competition cheerleading on a school team vs. outside team.

A. The number of players from the same school squad (roster) is limited, as follows: soccer-5; baseball/softball-4; volleyball-3; basketball-2. This rule is not in effect from June 1- July 31.

B. An athlete may have contact with the school coaching staff in an interscholastic program for 10 days from June 1-July 31. In addition, interscholastic coaches in the team sports of baseball, basketball, cross country, field hockey, football, ice hockey, soccer, softball, track & field, volleyball, and wrestling may provide individual instruction as defined as no more than four individuals present at one time in all combined facilities where the instruction is taking place.

C. Penalty for violation of out-of-season regulations (except a senior) is ineligibility for the remainder of the season or the ensuing season. For a senior, the penalty is ineligibility for all sports for the remainder of the school year.

## **Age**

High school students (9-12) must be under the age of 19 prior to August 1st of the school year.

Middle school students (7-8) must be under the age of 15 prior to August 1st of the school year.

## **Residence**

- A student establishes residency when the parent or legal guardian of the student resides within the school district attendance boundaries and the student lives in the household.
- Refer to OHSAA bylaws for the complete residency rule.
- Violation of this rule will result in forfeiture of all contests in which the non-resident participated.
- A change in custody must be approved by the commissioner of the OHSAA to remain eligible.
- Those students who attend a private school, are home schooled or attend online/charter schools and are residents of Yellow Springs, will be permitted to participate in extracurricular activities.

## **Transfers**

- All inter-district transfer students are governed by OHSAA Bylaws 4-7-1 to 4-7-8. Please refer to these Bylaws for complete transfer rule.
- A transferring student must be ruled eligible by OHSAA rules.

## **Physical Education Waiver**

In compliance with Yellow Springs Board of Education Policy 5460, students who have participated in interscholastic athletics for at least two (2) full seasons while enrolled in grades 9 through 12, and as documented by the athletic director, may be excused from the high school physical education graduation requirement.

A full season of participation is defined as:

- At least 95% attendance at all mandatory practices and games/matches.
  - A student who gets injured during the season can still earn the waiver by attending 95% of practices and games/matches and supporting the team even if unable to participate.
  - A student who is academically ineligible for an entire season cannot use participation during the season toward the waiver.
  - A student who is academically ineligible for part of a season but still attends at least 95% of practices and games/matches can use the season toward the waiver.

- Ending the season in good standing with the head coach.

## **Varsity Letter Requirements**

- Criteria That Pertains To All Sports:
  - An athlete must complete the season in good standing with the school and coach.
  - An athlete who moves from one level of competition to another will letter at the level of highest competition provided meeting combined requirements.
  - A coach will have the prerogative to letter a senior who has not met the seasonal requirements for lettering.
  - Injury rule – Any athlete who is a starter or plays regularly and was thereafter injured may be awarded a letter if, in the coach’s judgment, they would have met the lettering requirements.
  - In a sport where OHSAA tournament play is sponsored, an athlete may letter if they become a starter and play 75% of the quarters, innings, matches, or scores team points in individual competition in tournament play regardless of other lettering criteria.
- Baseball / Softball
  - A player needs to participate in one-half of all innings played, or pinch-hit or pinch-run in three-fourths of all games played, or be a pitcher with at least four starts or six appearances in games, and/or win one tournament game.
- Basketball (Boys & Girls)
  - Athletes must participate in 50% of the quarters of the regularly scheduled games. Athletes brought up to the varsity squad for tournament play only WILL NOT be awarded a varsity letter unless previously earned.
- Cheerleading
  - All varsity members will receive the appropriate award provided the following:
    - The athlete completes one year of varsity competition
    - Completes the cheerleading season in good standing with the school and coaches
    - Attends a minimum of 80% of practices, competitions, and contests.
- Cross Country
  - An athlete must meet the following:
    - A minimum of 85% attendance at practice
    - Participation in the Youngs Invitational and MBC League Meet
    - Participation in at least 75% of the varsity meets
- Soccer (Boys & Girls)
  - An athlete must participate in 50% of the halves of the regular scheduled games.
  - Athletes brought up to varsity squad for tournament play only WILL NOT be awarded a varsity letter unless previously earned.
- Swimming (Boys & Girls)
  - An athlete must score an average of three points per dual meet during the season.
  - Athletes must compete in a minimum of 80% of dual meets.

- Players must have 80% attendance for workouts.
- Tennis (Boys & Girls)
  - Earn as many points as there are matches - one point given for playing in a match and one point given if you win the match.
- Track (Boys & Girls)
  - An athlete must meet the following:
    - A minimum of 85% attendance at practice
    - Participation in the Bulldog Invitational and MBC League Meet
    - Participation in at least 75% of the varsity meets
- Volleyball
  - An athlete must participate in 50% of the games played.

## **Awards**

Any award for participation in interscholastic athletics which may be accepted by the student from any source shall consist of those items which do not exceed \$200.00 in value.

- Varsity 1st year awards: 7" chenille award letter and Chevron which indicates one year of lettering and certificate (Note: should the athlete letter in another sport, he/she will not receive a second chenille letter.)
- 2nd year award: Chevron and certificate
- 3rd year award: Chevron and certificate
- 4th year award: Chevron and certificate with a 6" sport plaque indicating the recipient as a four year varsity letter winner.